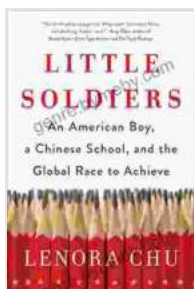


An American Boy, Chinese School, and the Global Race to Achieve

By Jay Caspian Kang

In *An American Boy, Chinese School, and the Global Race to Achieve*, Jay Caspian Kang explores the cultural and educational pressures faced by Asian American students as they navigate the competitive world of academia. Through his own experiences and those of his peers, Kang argues that the current emphasis on standardized testing and college admissions is creating a harmful environment for students, leading to burnout, anxiety, and depression. He also discusses the cultural factors that contribute to the pressure to achieve, such as the Confucian emphasis on education and the immigrant mentality of many Asian American families.



Little Soldiers: An American Boy, a Chinese School, and the Global Race to Achieve by Lenora Chu

★★★★☆ 4.6 out of 5

Language : English
File size : 2228 KB
Text-to-Speech : Enabled
Screen Reader : Supported
Enhanced typesetting : Enabled
X-Ray : Enabled
Word Wise : Enabled
Print length : 369 pages



Kang's book is a timely and important look at the challenges facing Asian American students today. It is a must-read for anyone interested in

education, race, and culture.

The Global Race to Achieve

In the global race to achieve, Asian American students are often seen as the model minority. They are stereotyped as being high-achieving, hardworking, and successful. But behind this stereotype is a hidden reality of pressure, anxiety, and depression. Asian American students are under immense pressure to succeed in school, both from their parents and from their peers. They are often pushed to take on extracurricular activities and to excel in all of their classes. This pressure can lead to burnout, anxiety, and depression.

The global race to achieve is not just a problem for Asian American students. It is a problem for all students who are growing up in a world where success is measured by test scores and college admissions. The current emphasis on standardized testing and college admissions is creating a harmful environment for students, leading to burnout, anxiety, and depression. It is time to rethink the way we measure success and to create a more supportive environment for all students.

The Cultural Pressures to Achieve

The cultural pressures to achieve are particularly strong for Asian American students. Confucianism, the dominant philosophy in China, emphasizes the importance of education and respect for authority. This emphasis on education is reflected in the high value that Asian American parents place on their children's academic success. Many Asian American parents believe that their children's education is the key to a better life. They push their children to succeed in school, often at the expense of their children's happiness and well-being.

The immigrant mentality also contributes to the pressure to achieve. Many Asian American families have immigrated to the United States in search of a better life. They believe that education is the key to achieving the American dream. They push their children to succeed in school so that they can have a better life than they did.

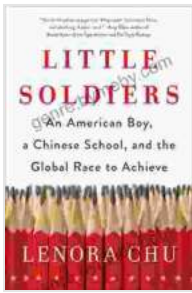
The Impact of Pressure to Achieve

The pressure to achieve can have a negative impact on Asian American students. It can lead to burnout, anxiety, and depression. It can also lead to physical health problems, such as headaches, stomachaches, and insomnia. In some cases, the pressure to achieve can even lead to suicide.

It is important to recognize the impact of pressure to achieve on Asian American students. We need to create a more supportive environment for these students and to help them to cope with the pressure. We need to teach them that success is not just about getting good grades and going to a good college. It is also about being happy and healthy.

An American Boy, Chinese School, and the Global Race to Achieve is a timely and important book. It is a must-read for anyone interested in education, race, and culture. Kang's book provides a valuable insight into the challenges facing Asian American students today. It is a call to action for us to create a more supportive environment for all students.

We need to rethink the way we measure success and to create a more supportive environment for all students. It is time to end the global race to achieve and to focus on what is truly important: the happiness and well-being of our children.



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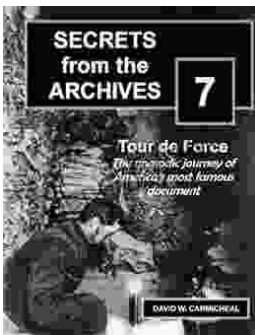
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