

Experience the World's Most Epic Runs with Lonely Planet

Are you an avid runner eager to push your limits and explore the world's most captivating trails? Look no further than Lonely Planet's latest masterpiece, 'Epic Runs of the World.' This comprehensive guidebook transports you to the planet's most iconic running destinations, promising an unforgettable adventure for every level of enthusiast.



Epic Runs of the World (Lonely Planet) by Lonely Planet

★★★★☆ 4.8 out of 5

Language : English
File size : 278779 KB
Text-to-Speech : Enabled
Screen Reader : Supported
Enhanced typesetting : Enabled
X-Ray : Enabled
Word Wise : Enabled
Print length : 667 pages



A Journey of a Thousand Miles

Spanning 5 continents and 50 countries, 'Epic Runs of the World' features a diverse collection of running routes that cater to every taste and ability. Whether you're a seasoned ultramarathoner or just starting your running journey, this book has something for you.

From the rugged trails of the Himalayas to the vibrant streets of major metropolises, each run is carefully curated to showcase the unique beauty

and cultural diversity of its surroundings. With detailed maps, elevation profiles, and insider tips, you'll have everything you need to plan and conquer your next epic adventure.

Unveil the World's Hidden Gems

Lonely Planet's expert authors have gone above and beyond to uncover the planet's hidden running gems. Discover secluded trails that wind through ancient forests, coastal routes that offer stunning ocean views, and urban runs that take you through vibrant cityscapes.

Prepare to be amazed by the Great Wall Marathon in China, where you'll conquer ancient fortifications while taking in breathtaking views. Or embark on the Inca Trail in Peru, a challenging but rewarding journey that leads to the iconic Machu Picchu.

Immerse Yourself in Local Culture

'Epic Runs of the World' goes beyond just providing running routes. It immerses you in the local culture and history of each destination. Learn about the traditions of the Maasai people as you run through the Serengeti, or explore the vibrant street life of Tokyo during the Tokyo Marathon.

With insider tips and recommendations for local accommodations, restaurants, and attractions, you'll have the opportunity to make the most of your trip and experience the true essence of each destination.

A Visual Feast for the Senses

Prepare to feast your eyes on the stunning photography that graces the pages of 'Epic Runs of the World.' Each image captures the essence of the

running experience, showcasing the breathtaking landscapes, vibrant cities, and diverse cultures that await you.





Your Guide to Unforgettable Adventures

Whether you're planning a once-in-a-lifetime running pilgrimage or simply seeking inspiration for your next workout, 'Epic Runs of the World' is your ultimate guide to unforgettable adventures.

With its comprehensive coverage, detailed information, and stunning visuals, this book is an essential companion for any runner who yearns to explore the world's most iconic and breathtaking running routes.

Free Download Your Copy Today and Embark on Your Next Epic Adventure!

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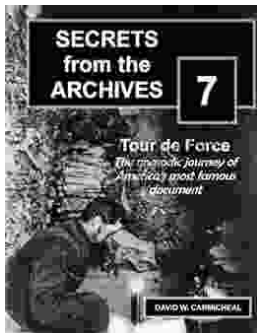


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