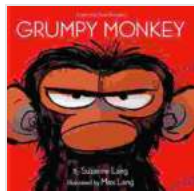


# The Grumpy Monkey's Guide to Happiness: A Review



The Grumpy Monkey's Guide to Happiness is a children's book by Suzanne Lang. It was first published in 2018 and has since become a New York Times bestseller. The book follows the grumpy monkey as he tries to find

happiness. He tries everything from eating bananas to playing games, but nothing seems to make him happy. Finally, he realizes that happiness comes from within.



## Grumpy Monkey by Suzanne Lang

★★★★☆ 4.8 out of 5

Language : English

File size : 21551 KB

Screen Reader: Supported

Print length : 32 pages



### The Story

The story begins with the grumpy monkey sitting on a tree branch. He is bored and unhappy. He tries to find happiness by eating bananas, but they don't make him happy. He tries to play games, but they don't make him happy either. He even tries to make friends, but that doesn't make him happy either.

Finally, the grumpy monkey realizes that happiness comes from within. He learns that he can be happy even when things aren't going his way. He learns to appreciate the little things in life, and he learns to be grateful for what he has.

### The Illustrations

The illustrations in The Grumpy Monkey's Guide to Happiness are simple but effective. They capture the grumpy monkey's expressions perfectly. The illustrations help to tell the story and make it more engaging for children.

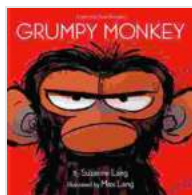
## The Message

The message of The Grumpy Monkey's Guide to Happiness is that happiness comes from within. We can't find happiness in things or in other people. We have to find it within ourselves. The book teaches children that it's okay to be grumpy sometimes, but that we shouldn't let our grumpiness get in the way of our happiness.

## The Verdict

The Grumpy Monkey's Guide to Happiness is a charming and heartwarming book. It's a great book for children of all ages, and it's a book that can be enjoyed by adults as well. The book teaches children about the importance of happiness and it shows them that it's okay to be grumpy sometimes.

I highly recommend The Grumpy Monkey's Guide to Happiness. It's a great book for children and adults alike. It's a book that will make you smile and it will teach you about the importance of happiness.



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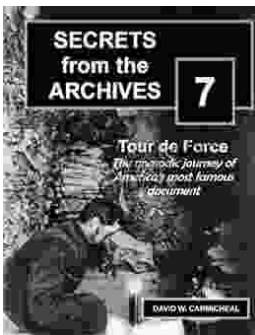
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