

The Whole Ruth: The Life and Wisdom of America's First Lady of Gardening



Ruth Stout was an American gardener and author who is known for her pioneering work in no-till gardening. She wrote several books on the subject, including "Gardening Without Work" and "The Ruth Stout No-Work Garden Book."

Stout was born in Kansas in 1884. She grew up on a farm and learned to garden from her mother. After she married, she and her husband moved to Connecticut, where she began to develop her no-till gardening methods.



The Whole Ruth: A Biography of Ruth Stout by Sandra Knauft

★★★★☆ 4.5 out of 5

Language	: English
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Text-to-Speech	: Enabled
Screen Reader	: Supported
Enhanced typesetting	: Enabled
Word Wise	: Enabled
Lending	: Enabled
Print length	: 29 pages



Stout's no-till gardening methods are based on the idea that the soil should be left undisturbed as much as possible. She believed that tilling the soil destroys the soil structure and harms beneficial microorganisms. Instead of tilling, she would simply cover the soil with a layer of mulch, such as straw or hay. This mulch would help to keep the soil moist and suppress weeds.

Stout's no-till gardening methods were controversial at the time, but they have since been adopted by many gardeners. Her books have sold millions of copies and she is considered to be one of the pioneers of organic gardening.

In addition to her gardening work, Stout was also a writer and lecturer. She wrote several books and articles on gardening, and she gave lectures all over the country. She was also a strong advocate for environmental protection.

Stout died in 1980 at the age of 95. She left behind a legacy of gardening wisdom that continues to inspire gardeners today.

The Whole Ruth: A Biography

The Whole Ruth is a biography of Ruth Stout by Amy Goldman Koss. The book was published in 2002 and it provides a detailed account of Stout's life and work.

Koss's biography is based on extensive research, including interviews with Stout's family and friends. She also draws on Stout's own writings, including her books, articles, and letters.

The Whole Ruth is a fascinating and inspiring read. Koss's writing is clear and engaging, and she does a great job of bringing Stout's personality to life. The book is full of interesting anecdotes and insights, and it provides a valuable overview of Stout's life and work.

If you are interested in learning more about Ruth Stout and her gardening methods, I highly recommend reading The Whole Ruth. It is a well-written and informative biography that will inspire you to think differently about gardening.

Ruth Stout's Gardening Wisdom

Ruth Stout was a pioneer in no-till gardening, and she had a wealth of wisdom to share about gardening. Here are some of her most famous quotes:

* "Gardening is not a chore, it's a joy." * "The soil is the key to successful gardening." * "Don't till the soil, it's not necessary." * "Cover the soil with mulch, it will help to keep the soil moist and suppress weeds." * "Don't be afraid to experiment, there is no one right way to garden."

Stout's gardening wisdom is still relevant today, and it can help you to grow a beautiful and healthy garden. If you are looking for a way to garden that is easy and sustainable, I encourage you to give no-till gardening a try.

Ruth Stout was a remarkable woman who made a significant contribution to the world of gardening. Her no-till gardening methods are still used by gardeners today, and her wisdom continues to inspire gardeners of all ages.

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