

# Unleash the Dynamic Duo: Optimizing the Interaction between Back Position Players and the Pivot in Handball

In the fast-paced and exhilarating world of handball, the interplay between back position players and the pivot is paramount for orchestrating an unstoppable attack. "Handball Practice 14: Interaction of Back Position Players with the Pivot" delves into the intricate nuances of this crucial partnership, providing a comprehensive guide to unlocking its full potential.

## Back Position Players

- Positioned behind the pivot, tasked with creating space and scoring opportunities.
- Possess exceptional shooting abilities and a keen understanding of team tactics.

## Pivot



## Handball Practice 14 - Interaction of back position players with the pivot: Shifting, Screening, and Using the Russian Screen by Jörg Madinger

★★★★★ 5 out of 5

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- Central figure in the offense, serving as a pivot point for the back position players.
- Blocks and screens opponents, freeing up space for teammates and creating scoring chances.

The interactions between back position players and the pivot form the backbone of handball's attacking play. Here are key examples:

### **1. Pick-and-Roll**

- The pivot sets a block on a defender, creating a temporary mismatch for the back position player.
- The back position player uses the pick to drive towards the goal or curl around for an open shot.

### **2. Cross-Screen**

- Two back position players perform a simultaneous cross-movement behind the pivot.
- The screen creates confusion for the defense, allowing one of the back position players to slip into an open position.

### **3. Dive-and-Dish**

- The pivot makes a deceptive dive towards the goal, simultaneously releasing the ball behind.

- The back position player receives the pass and shoots without hesitation.

#### 4. False Pivot

- The designated pivot steps out of their usual position, creating space for a back position player to act as the false pivot.
- This unexpected move confuses the defense and sets up a scoring opportunity.

Mastering the interaction between back position players and the pivot requires meticulous practice and coordination:

**1. Communication:** Clear and concise communication is vital for executing interactions effectively. Players should use verbal cues, hand signals, and body language to coordinate their movements.

**2. Synchronization:** Both players must move in perfect harmony, anticipating each other's actions and adjusting accordingly.

**3. Timing:** Split-second timing is essential for successful interactions. Players must release the ball at the appropriate moment and execute their movements with precision.

**4. Deception:** Using deception can give the attacking team an advantage. Pivots should use feints and unpredictable movements to confuse defenders.

Optimizing the interaction between back position players and the pivot yields numerous benefits for the team:

**1. Increased Scoring:** Effective interaction creates scoring opportunities by opening up space for back position players and exploiting defensive weaknesses.

**2. Improved Player Movement:** Interactions force defenders to adjust their positioning, resulting in increased player movement and unpredictability.

**3. Team Cohesion:** Successful interactions foster a sense of cohesion and trust within the team, enhancing overall performance.

**4. Defensive Confusion:** Well-executed interactions can confuse defenders by creating mismatches and isolating players.

In the realm of handball, the interaction between back position players and the pivot holds the key to unlocking offensive dominance. By understanding the roles, mastering essential interactions, and developing effective coordination, teams can unleash the full potential of this dynamic duo and secure victory on the court. "Handball Practice 14: Interaction of Back Position Players with the Pivot" serves as an indispensable guide to achieve this elusive mastery.



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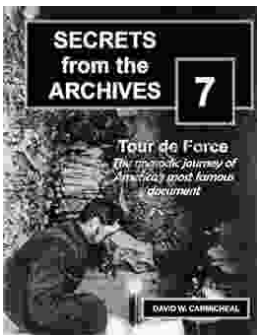
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